



ANNUAL REPORT

2024 - 25

Tiger Wests



**Little Athletics
Centre**

PRESIDENT'S REPORT



It's time again to reflect on the past season and look ahead to the future for Tiger Wests Little Athletics Club.

The committee worked hard throughout the season to organise, communicate and run our Friday night and related external competitions with few disruptions by weather this year. This enabled us to successfully provide a fun and supportive environment which helped new

parents learn, friendships develop, and young athletes grow. Our success has also been helped by the parents who jump in with no or little prompting.

The club continues to have a good financial position even noting the big expense of a new long-term BBQ. Our member numbers have increased significantly, growing in the youngest age groups, which allows us to see a positive future for the club members as these young athletes continue to have fun and compete together.

The next level competitions, Zone and Region 8 Athletics carnivals showcased athletes from our part of Sydney. These events are a good window for new athletes to higher level competition and to get used to what the next level of competition requires – and most importantly have fun while learning.

The Club Committee. What a bunch of hardworking legends! It is they who worked tirelessly all season to ensure that the competition was held each Friday night. Sorting the registrations and uniforms. Scheduling the weekly events, recording of results and updating them in ResultsHQ afterwards. Then there is the BBQ for each Friday night and the equipment that we all use.

As a result of the volunteer efforts of all these people, the club is as successful as it is, and functions as well as it does. And while all these people have done an excellent job, the club is always in search of new volunteers. This is to not only replace existing personnel but to continually reinvigorate the committee with new opinions and ideas. The committee is a welcoming group, and we will gladly help you settle into a role and be successful.

I also acknowledge the new parents who also learned what we do and increasingly helped more where possible. The parents helping and supporting the athletes meant we had a consistent turnout with most of the athletes coming back for the whole season. Being a smaller club, we rely heavily on our parents to help on Friday nights during competition. I hope they had fun and learned a little about managing age groups, officiating and training athletes. All the effort pays off in competitive athletes, strong relationships, and fun on Friday nights.

I encourage everybody, parents, and athletes, to promote the Club to anyone who will listen! The more members at the club, the more people to help means the more we can put back into making the club successful.

See you at the track.

Peter Harper
Club President

VALE PETER FORD



Peter Ford first came to Tiger Wests in the early 90s as a volunteer when his mother asked him to accompany his younger siblings to Wyatt Park. He grew to love running, particularly the middle-distance events, eventually becoming a coach at the club.

He coached many athletes up to state level but always encouraged every athlete to do their best regardless of result. Rain, hail or shine, he was at the track ready to coach anyone who showed up. His enthusiasm and passion for athletics left a lasting impression on all the athletes who trained with him.

Peter was just as dedicated off the track, serving as President of our club in the 2000's and being appointed Life Member in 2002. He was a permanent fixture on our Club Committee and could be counted on to help out in whatever role our club required. He gave his time generously to our Tigers over the years in all aspects of our club.

In recent years, Peter played the role of Pied Piper to our Tiny Tots, leading them around the oval in a frenzy of loud cheers and laughter. He was patient and kind with our youngest members and truly understood the spirit of Little Athletics, which is first and foremost for the kids to have a lot of fun.

In loving memory of Peter, his family has donated the **Peter Ford Perpetual Trophy**, to be awarded annually to someone like Peter, who generously gave their time and expertise for the betterment of the club and its athletes.

TREASURER'S REPORT

INCOME AND EXPENDITURE STATEMENT

For the period 1/04/2024 to 31/03/2025	2024-25	2023-24
Income		
Active Kids Receipts	1,010.00	0.00
BBQ Sales - Ours	3,579.50	2,665.65
BBQ Sales - Bunnings	-	-
BBQ sales - Others	779.50	1,586.90
Grants	-	2,148.18
Registration Fees	4,264.80	3,693.94
Uniform Sales	1,920.00	490.00
Zone/Region Fees Received	-	75.00
Total Income	11,553.80	10,659.67
Expenditure		
Accounting/Audit Fees	99.91	307.88
Advertising	119.00	211.62
BBQ Expenses - Ours	2,006.90	1,418.90
BBQ Sales - Bunnings	-	-
BBQ Expenses - Others	716.61	1,023.17
Department of Fair Trading	54.24	50.22
Equipment Purchases	2,778.01	2,585.84
Ground Rent	2,007.10	1,964.82
Insurance	155.26	-
Maintenance - Equipment/Ground	-	193.00
Phone, printing, stationary, PO box hire	-	281.00
Zone/Region Competition Fees	510.00	210.00
Registration Fees LANSW	65.00	65.00
Training	50.00	280.00
Trophies	850.01	1,009.45
Uniform Purchases	1,720.40	389.40
Total Expenditure	11,132.44	9,990.30
Surplus/Deficiency	421.36	669.37

BALANCE AND ASSETS

For the period 1/04/2024 to 31/03/2025	2024-25	2023-24
Balance		
Opening Balance at 01/04/24	10,371.53	9,702.16
Balance at 31/03/25	10,792.89	10,371.53
Current Assets		
Cash	300.00	400.00
Westpac Bank Account	10,492.89	9,971.53
Total bank & cash	10,792.89	10,371.53
Uniform Stock (at cost price)	3,522.00	4,264.00
Total Assets	14,314.89	14,635.53

We ended the year with a surplus of \$421 and a final balance of \$10,793. In round numbers, registrations were \$5,275 compared with \$3,694 last year.

Overall income was up by \$1,541 and expenses were up by \$2,817. After expenses, barbecue sales (including for a dog show) brought in \$1,635.

Uniform sales raised a net \$200 after we re-stocked. Trophies cost \$850. We replaced the barbecue with a new one at a cost of \$2,500.

The cost of hiring the ground is shared with the senior club. We paid \$2,007 which is 20% of the total cost.

We were successful in an application for a grant to buy new timing equipment, replacing the cap gun and the timer with its paper print-out. The cost was \$2,370 – paid directly by the grant body, not through our accounts.

I am grateful to Bryan Pevely for reviewing the accounts.

Clive Ellis
Treasurer



REGISTRAR'S REPORT

A big thank you to my predecessor Jason Cameron who handed me the reigns as Registrar after he had served on our committee for several years after his children had already moved on from the sport. I had an enjoyable experience on my first year on the committee, being involved in an activity my kids love, making lots of new friends amongst the community and working on interesting things to help our club that I would not normally have the opportunity to do.

This season, Little Athletics NSW introduced a new registration system RevSport as part of the partnership with Athletics NSW. The new arrangement saw an increase of each athlete's registration fees going to the governing body in addition to transaction fees being passed onto the families.

We had 100 registered athletes, an increase of 40 from last season, with Tiny Tots being the largest group again. Our Centre's registration fees remained the same as the previous season: \$150 per athlete, \$100 for Tiny Tots. 45 Active Kids Vouchers were claimed. 40 children trialled Little Athletics at Tiger Wests and 18 of them registered. We had 12 returning families and 43 new families.

20 families found us via Word of Mouth, 12 families via the Little Athletics NSW Website, 8 families via Google Search, 5 families via Social Media and 4 families via Flyer. During the registration months from August to November, we had 330 clicks to the website via Google. We will need to continue to grow our local online and social media presence in preparation for next season.

Felix Sisavanh
Registrar



BBQ, UNIFORMS, FIRST AID

A new BBQ was purchased this season and our menu was adjusted for Halal food. We trialled some new items such as burgers which were a huge hit amongst both kids and parents. Uniforms were restocked from a new supplier.

A Defibrillator (AED) was installed prior to the season, and was prepared and ready to be used in one instance, but thankfully was not required. There were a few cuts needing bandaids but no major injuries.

2024-25 Age Groups	Girls	Boys	Past Seasons No. of Members
Tots	8	9	2024-25 100
6s	5	6	2023-24 60
7s	4	11	2022-23 66
8s	7	4	2021-22 52
9s	8	8	2020-21 64
10s	3	6	2019-20 107
11s	4	3	2018-19 91
12s	3	1	2017-18 106
13s and up	7	3	2016-17 116
TOTAL	48	52	2015-16 76
YEARS AT TIGER WESTS LAC			2014-15 124
9 YEARS: Rose Harper			2013-14 161
7 YEARS: Henry Harper			2012-13 187
6 YEARS: Hope Montagnoli			
4 YEARS: Sebastian Spence			
3 YEARS: Harrison Lieu, Oliver Lieu, Faith Montagnoli, Grace Montagnoli, Cecil Sisavanh			
2 YEARS: Jeyad Chahrouk, Rhea Chan, Malik Efe, Musa Efe, Aminah Hamdan, Issa Hajaj, Jana Hajaj, Nayef Hajaj, Zayne Hajaj, Asiya Nitelik, Azra Nitelik, Virgil Sisavanh			

CENTRE REPORT

ELECTRONIC RESULTS

Finisher Tokens were introduced to marshall athletes at the end of races to keep them in place order. In the second half of the season, we combined the roles of timekeeper and results recorder using RaceHQ on the computer. It let us instantly upload race results and more importantly, we were able to give immediate feedback to athletes if they had PB'd.

Through the LANSW Centre Grant Scheme, LANSW fully funded our request for an electronic start system. This safer and more efficient way to start races is fully integrated with RaceHQ and can be integrated with electronic timing finish gates in the future. We were able to successfully trial the system on the final two competition nights in preparation for next season.

PARENT HELPERS

This season we introduced a Whatsapp channel as the primary source of weekly updates to help parents keep in touch. It was wonderful to see so many Parent Helpers from new families assisting. Little Athletics would not be possible without the parents and carers who take up clipboards and lead age groups every week, who help as timekeepers and marshalls and who feed us on the BBQ.

Special thanks to the **Lieu, Ikoro, Chan, Jasli, Eyvaz** and **Tuffano** families, **Yessear, Walid, Inan, Eyyub** and **Carmen** for assisting with our age groups and helping on the BBQ every week. And we cannot thank our hardworking committee enough for their work behind the scenes every week and on Friday nights - Thank you to the **Montagnoli, Hajaj, Sisavanh** and **Harper** families, **Emma, Clive** and **Alan** for your tireless efforts to make this a wonderful season at Tiger Wests LAC.

INNER CITY ZONE CHAMPIONSHIPS REGION 8 CHAMPIONSHIPS NSW STATE CHAMPIONSHIPS

The club subsidised the entry fees for the 22 athletes participating in the Zone, Region and State Championships this season. It was a great experience for many of our Tigers, as it was their first time competing in front of a big crowd at a big stadium. We had some standout results from **Udunma Ikoro** who qualified to Region in all her events, **Gloria Toefoki** who medalled at Region in the Discus and **Rose Harper** who also medalled at Region and was our only representative at State level this season.

INNER CITY ZONE CHAMPS

Nov 30th & Dec 1st 2024 - ES Marks

Grace Montagnoli
50m 12.37 17th
70m 16.92 14th
500m 2:32.41 7th
Long Jump 1.53m 15th

Cecil Sisavanh
70m 15.85 17th
200m 51.99 19th
Discus 8.85m 8th
Long Jump 1.90m 13th

Udunma Ikoro
60m Hurdles 13.26Q 12.57 1st
100m 17.87q 17.78 5th
200m 37.24 6th
Shotput 3.94m 3rd

Ashton Liwanto
100m 18.29 11th
200m 39.88 17th

Gloria Toefoki
60m Hurdles 14.93 15th
100m 17.68q 17.85 6th
Discus 7.88m 4th

Blake Kujinga
100m 17.76 19th

Melenaite Moala
70m 12.05 10th
100m 17.27 9th
200m 41.42 21st
400m 1:44.77 14th

Sela Moala
70m 12.17 11th
100m 17.49 12th
200m 37.59 12th
400m 1:39.27 14th

Faith Montagnoli
200m 44.30 23rd
400m 1:42.05 15th
800m 3:45.79 15th
Long Jump 2.09m 17th

Gavin Singh
60m Hurdles 13.74 17th
100m 17.79 20th
400m 1:45.40 23rd
High Jump 0.95m 5th

Joshua Paniagua
70m 12.32 13th
100m 16.89 12th
200m 36.43 17th

Lynette Toefoki
100m 17.81 16th
Shotput 4.73m 2nd

Lydia Wu
100m 20.37 20th
High Jump 0.80m 13th

Henry Harper
Shotput 4.72m 10th
Long Jump 2.23m 19th
Discus 15.01m 10th

Chinyere Ikoro
100m 17.50 22nd
200m 41.70 21st
Discus 9.24m 10th
High Jump 0.95m 16th

Temaleti Moala
70m 12.27 16th
100m 17.45 21st
200m 38.89 20th
400m 1:38.45 16th

Omar Saghir
100m 16.46 22nd
400m 1:21.0h 14th

Hope Montagnoli
400m 1:23.84 14th
800m 3:09.44 16th
1500m 6:40.21 12th

Medina Saghir
100m 17.40 19th

Linda Wu
High Jump 1.30m 7th
Shotput 4.92m 11th
Long Jump 3.75m 10th

Rose Harper
Shotput 8.64m 3rd
Discus 20.46m 4th

Ryan Wu
Long Jump 3.14m 7th
Shotput 9.02m 3rd

REGION 8 CHAMPIONSHIPS

February 1st & 2nd 2025 - Sylvania Waters

Udunma Ikoro
60m Hurdles 12.96Q 12.35 4th
100m 17.83 11th
200m 35.81Q 35.93 6th
Shotput 4.69 4th

Gloria Toefoki
100m 18.17 14th
Discus 13.04m 2nd

Lynette Toefoki
Shotput 5.11 5th

Linda Wu
High Jump 1.30m 5th
Long Jump 3.41m 13th

Rose Harper
Shotput 9.16m 4th
Discus 22.73m 3rd

Ryan Wu
Shotput 8.80 5th

Gavin Singh
High Jump 1.00 4th

NSW JUNIOR CHAMPIONSHIPS

March 13-16th 2025 - Sydney Olympic Park

Rose Harper
Shotput 7.24 21st



Grace Montagnoli
50m 13.10 10th
100m 26.53 14th
500m 2:44.36 11th
Long Jump 1.66 11th

Soakimi Sevele
70m 13.81 6th
200m 44.19 9th

Blake Kujinga
100m 17.71 8th
200m 43.34 10th
400m 1:56.98 8th

Yusuf Yaghi
200m 41.81 8th
400m 1:38.20 6th
800m 3:38.22 5th
Long Jump 2.92 9th

Joshua Paniagua
100m 17.28 7th
800m 3:46.16 8th

Faith Montagnoli
100m 21.18 16th
200m 50.04 12th
400m 1:49.52 11th
Long Jump 2.11 13th

Pita Sevele
100m 16.34 3rd
200m 34.70 6th
Long Jump 3.03 11th

Hope Montagnoli
100m 18.10 10th
400m 1:26.30 6th
800m 3:19.45 3rd
Triple Jump 5.65 6th

DOONSIDE GALA DAY

November 2nd 2024

Udunma Ikoro
60m Hurdles 13.01 1st
100m 18.95 7th
Long Jump 2.30 15th
Discus 7.38 3rd

Chinyere Ikoro
100m 18.39 10th
200m 43.48 15th
Long Jump 2.58 13th

Soakimi Sevele
100m 19.21 12th

Blake Kujinga
100m 17.73 7th
Shotput 3.54 6th

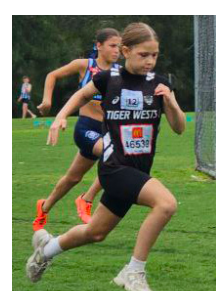
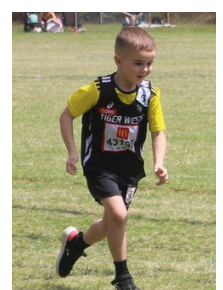
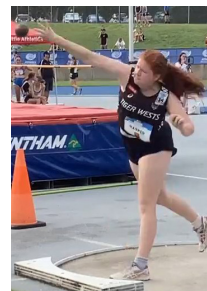
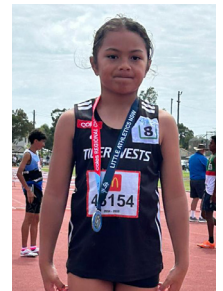
Pita Sevele
100m 16.04 5th
Long Jump 3.23 15th

MID-WEST MET COMBINED

November 3rd 2024

Jeyad Chahrouk
Points 2790 6th
50m 10.65
100m 21.47
500m 2:08.76
Shotput 3.46
Long Jump 2.15
Discus 6.08

Cecil Sisavanh
Points 1617 11th
50m 12.01
100m 26.9
500m 2:56.92
Shotput 2.56
Long Jump 2.01
Discus 5.04



BLACKTOWN AUSTRALIA DAY CARNIVAL

January 28th 2025

Amos Tonu
Shotput 4.67 5th

Cecil Sisavanh
100m 26.51 11th
500m 2:42.82 9th
Long Jump 1.85 12th
Discus 7.56 9th

Abigail Jones
100m 17.24 9th
200m 36.32 7th



GALA DAYS

NSW PRIMARY SCHOOLS

August 17-18th 2024

Grace Montagnoli
200m 56.32 13th
400m 2:12.73 8th
Long Jump 1.61m 11th

Faith Montagnoli
200m 50.62 20th
400m 1:53.58 16th
Long Jump 1.98m 17th

Hope Montagnoli
200m 39.77 15th
400m 1:34.28 10th
800m 3:30.99 10th

LIVERPOOL GALA DAY

October 20th 2024

Leonardo Tuffano
50m 11.75 7th
100m 24.91 6th
Long Jump 1.99 4th

Valentino Tuffano
50m 12.42 9th
100m 25.65 12th
Long Jump 2.11 6th
Shotput 3.49 4th

Cecil Sisavanh
100m 26.18 13th
500m 2:40.32 6th
Long Jump 2.16 6th
Discus 6.31 4th

Jeyad Chahrouk
500m 2:09.55 1st
Long Jump 2.14 7th
Shotput 3.00 5th

TINY TOTS REPORT



This season I had the pleasure of managing the enthusiastic Tiny Tots. Our obstacle course started small in the corner of the high jump area but kept growing each week, until the Tots eventually took over the infield with their tunnels, balance beams and obstacles. Favourite activities were the sack races, egg and spoon races and the tug-o-war. We jumped over cones and hurdles and we threw hoops, beanbags and balls. Each week we ran the 50m and the 70m or 100m.

Our fantastic group's parent helpers ensured all the kids had a great experience. The activities ran so smoothly with their involvement from setting up and packing up the equipment, retrieving thrown objects, picking up hurdles, marshalling the Tots and helping to keep them focused on the task at hand.

In the second half of the season, the improvement was clear to see as the Tots grew in confidence. We progressed to activities focused on getting the older Tots ready for the Under 6s next season, such as shot put, long jump and staying in their lanes. A few Tots even had a crack at the 400m with the older kids.

The Tots had a great season learning how to run, jump, throw, taking turns and standing in line, but most importantly it was a season full of FUN. I hope to see everyone back at the track next season!

Tiny Tots Manager - Felix Sisavanh

Tiny Tots: Musa Efe, Hafsa Comert, Virgil Sisavanh, Azra Nitelik, Ione Chan, Zara Mccarthy, Raya Soo, Ezra Cetin, Inaaya Karabulut

GOLD STAR AWARDS AND CLUB CHAMPIONS

During the season athletes are awarded for improving on their previous best efforts (PB's). Our **Gold Star Awards** encourage athletes of all standards to strive for personal improvement throughout the season. Placings are based on the total Personal Bests accumulated by an athlete over the entire season.

Athletes competed in all the events during the **Club Championships** which were run over two consecutive weeks on 28th February and 7th March. Placings across all the events were tallied up and the top 3 places are awarded medals as the best all-round athletes in their age groups.

6'S GOLD STAR AWARDS

Girls

1st: Ayana Jasli
2nd: Jana Hajaj

Boys

1st: Zayne Hajaj
2nd: Enver Eyvaz
3rd: Nayef Hajaj

6'S CLUB CHAMPIONS

Girls

1st: Jana Hajaj
2nd: Ayana Jasli

Boys

1st: Nayef Hajaj
2nd: Zayne Hajaj
3rd: Enver Eyvaz



7'S GOLD STAR AWARDS

Girls

1st: Grace Montagnoli
2nd: Emilia Jasli
3rd: Asiya Nitelik

Boys

1st: Harrison Lieu
2nd: Ishaan Nimmagadda
3rd: Jeyad Chahrouk
3rd: Cecil Sisavanh

7'S CLUB CHAMPIONS

Girls

1st: Grace Montagnoli
2nd: Emilia Jasli
3rd: Amelie Philip

Boys

1st: Jeyad Chahrouk
2nd: Ishaan Nimmagadda
3rd: Vivvaan Nimmagadda



GOLD STAR AWARDS AND CLUB CHAMPIONS

8'S GOLD STAR AWARDS

Girls

1st: Udunma Ikoro
2nd: Jayda Ghenim
3rd: Olive Tonu

Boys

1st: Soakimi Sevele
2nd: Malik Efe

8'S CLUB CHAMPIONS

Girls

1st: Udunma Ikoro
2nd: Jayda Ghenim

Boys

1st: Malik Efe
2nd: Soakimi Sevele

9'S GOLD STAR AWARDS

Girls

1st: Sela Moala
2nd: Faith Montagnoli
3rd: Ruqayyah Baghdadi

Boys

1st: Joshua Paniagua
1st: Blake Kujinga
3rd: Oliver Lieu

9'S CLUB CHAMPIONS

Girls

1st: Sela Moala
2nd: Melenaite Moala
3rd: Ruqayyah Baghdadi
3rd: Faith Montagnoli

Boys

1st: Joshua Paniagua
2nd: Blake Kujinga
2nd: Oliver Lieu

10'S GOLD STAR AWARDS

Girls

1st: Temaleti Moala
2nd: Chinyere Ikoro
3rd: Gianna Melad

Boys

1st: Omar Saghir
2nd: Henry Harper
3rd: Pita Sevele

10'S CLUB CHAMPIONS

Girls

1st: Temaleti Moala
2nd: Chinyere Ikoro
3rd: Gianna Melad

Boys

1st: Henry Harper
2nd: Pita Sevele
2nd: Omar Saghir

11'S GOLD STAR AWARDS

Girls

1st: Rhea Chan

Boys

1st: Sebastian Spence

11'S CLUB CHAMPIONS

Girls

1st: Rhea Chan

Boys

1st: Sebastian Spence

12'S + GOLD STAR AWARDS

12's Girls

1st: Hope Montagnoli
2nd: Abigail Jones
3rd: Aminah Hamdan

13's Girls

1st: Samantha Lau
2nd: Linda Wu
3rd: Medina Saghir

14's Girls 1st: Rose Harper

12'S + CLUB CHAMPIONS

12's Girls

1st: Abigail Jones
2nd: Hope Montagnoli

13's Girls

1st: Samantha Lau
2nd: Medina Saghir

14's Girls 1st: Rose Harper





2024-25 COMMITTEE MEMBERS

President Peter Harper
Vice President Fadi Hajaj
Secretary Emma Clift
Treasurer Clive Ellis
Registrar Felix Sisavanh
Zone Coordinator Alan Patterson

Equipment Manager Alan Montagnoli
General Committee Peter Ford
 Zoubeyda Hajaj
 Karen Harper
 Nicki Montagnoli



TIGER WESTS LAC LIFE MEMBERS

John Mittelhauser
 Peter Lewis
 Steve McLaren
 Phil Sigsworth
 Barry Rooney
 Rick Marrins
 Ian Stephenson
 Louise Turnbull
 Michael Turnbull

Peter Ford
 Wayne Crandell
 Mario Corio
 Alan Patterson
 Ann Hay
 Judy Thompson
 Beth Whitaker
 Linda Dicker
 Karen Bland

